

Attach computer ID

FOLLOW-UP  
SUPPLEMENT

Date of Follow-Up \_\_\_\_/\_\_\_\_/\_\_\_\_ DATE02  
Mo. Day Year

Complete and attach to each copy of the Follow-Up form submitted.

Submit alone as an early notification of patient's death, dated with date of death. (Submit full Follow-Up form, dated with date of death with another copy of this form attached, with as much information as possible, when available.)

Submit alone if answer is yes to question 1.A., B., or C.

STATUS02

1. A. Did the patient refuse follow-up?

1. Yes, known to be alive at this time.
2. Yes, vital status unknown at this time.
3. No

B. Is the patient known to be alive, but is inaccessible for follow-up?

1. Yes
2. No

C. Is the patient lost to follow-up (i.e., whereabouts and health unknown)?

1. Yes
2. No

D. Did the patient die? 1. Yes  2. No  DEATH02

If yes, date of death \_\_\_\_/\_\_\_\_/\_\_\_\_ DVDTH02  
Mo. Day Year

2. A. Check which of the following best describes chest pain experienced by the patient during the follow-up period. (If more than one type of chest pain is present, this question should refer to that pain syndrome which most resembles angina pectoris.)

1. Definite angina
2. Probable angina
3. Probably not angina  ANGINA02
4. Definitely not angina

B. Was this follow-up form completed by:

1. phone call
2. in person
3. by mail
4. combination  INTERV02

# FOLLOW-UP QUESTIONNAIRE

Name \_\_\_\_\_

Date of Follow-up \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ DATE02  
Mo. Day Year

## HEALTH STATUS

1. Have you been told that you have had a new heart attack (myocardial infarction) in the past year without being hospitalized?

1. Yes  2. No  MI02

If yes, date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ by Dr. \_\_\_\_\_  
Mo. Day Year  
Address \_\_\_\_\_

2. Have you had any symptoms in the past year? 1. Yes  2. No  SYMPTM02

If yes,

Heart failure  (Heart failure means an accumulation of extra fluids giving you swelling in both ankles, shortness of breath, and/or trouble sleeping without many pillows because of shortness of breath.)

HTFAIL02

Chest discomfort  (Chest discomfort means any pain or discomfort in the arms, chest, throat or jaw for which you have consulted (or been followed by) a physician. The discomfort could be heaviness, tightness, burning, pressure, or any other sensation which your doctor calls angina or "heart pain." This discomfort may occur with exertion or at rest. It does not include the occasional aches and numbness felt around the chest incision after surgery.)

CHPAIN02

Rhythm disturbance  (Rhythm disturbance means an irregular heart beat or very slow or very fast heart beat for which you required a physician's advice and treatment.)

ARRHYT02

General fatigue  Other  (please specify) \_\_\_\_\_  
OTHSMPO2

FATIG02

3. If you answered "yes" to heart failure above, complete the questions below.

PLEASE CHECK EACH ONE:

3.a. Do you have difficulty sleeping at night because of shortness of breath which is relieved by using several pillows?

ORTHOP02

1. Yes  2. No

3.b. Do you frequently awake at night because of extreme shortness of breath which is relieved by sitting or standing up?

PND02

1. Yes  2. No

3.c. Do you have inappropriate shortness of breath with mild exercise or with regular daily activity?

DOE02

1. Yes  2. No

3.d. Do you have puffy swelling of both your ankles (edema)?

EDEMA02

1. Yes  2. No

4. If you answered "yes" to chest discomfort above, complete the questions below.

4.a. Causes of chest discomfort. CHECK EACH ONE.

		1. Yes	2. No	3. Uncertain
LEGWRK02	Legwork (walking, bicycling, jogging, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ARMWRK02	Armwork	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
EATING02	Eating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
EMOTN02	Emotion, excitement, stress, tension, or anger	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
SEXUAL02	Sexual activity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
REST02	Rest or during sleep (unrelated to exertion)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
OTHFCT02	Other (e.g., bending, wind, cold)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

4.b. Choose one of the following descriptions of the average or typical level of your chest discomfort over the past year:

CHECK ONE ONLY.

- CHCLAS02
1. Only with strenuous or prolonged physical activity
  2. With rapid or moderate to extensive walking or stair climbing (more than 2 blocks or more than one flight); or in cold, in wind, or under emotional stress
  3. With minimal walking or stair climbing; such as walking 2 level blocks or less, or climbing one flight of stairs or less at normal pace under normal conditions
  4. With any physical activity or even at rest
  5. Unrelated to physical activity
  6. Only associated with a heart attack (myocardial infarction)

4.c. Did you use nitroglycerin or other sublingual nitrates for chest discomfort during the past year?

NITRO02

1. Yes  2. No

If yes, which of the following most typically occurred?

CHECK ONE ONLY.

- RELIEF02
1. Relief of chest discomfort within 5 minutes
  2. Relief of chest discomfort within 5 to 15 minutes
  3. Relief of chest discomfort within 15 to 30 minutes
  4. Relief of chest discomfort after 30 minutes
  5. Rarely causes relief of chest discomfort

5. When carrying out your normal daily activities (hobbies, recreation, job, yard-work, household routine), which of the following statements characterizes most of the past year?

CHECK ONE ONLY.

- 1. There is no limitation of activities
- 2. There is intermittent limitation of activities
- 3. There is mild limitation of activities
- 4. There is moderate limitation of activities
- 5. There is severe limitation of activities
- 6. Uncertain due to medical restrictions
- 7. Uncertain--recovering from coronary bypass surgery
- 8. Uncertain--recovering from other surgery

If there was known limitation of activities, what was the main factor which caused it?

CHECK ONE ONLY.

- 1. Chest pain
- 2. Stroke
- 3. Shortness of breath
- 4. Leg cramps
- 5. General fatigue
- 6. Orthopedic problems
- 7. Other  (please specify) \_\_\_\_\_

6. Compared to a year ago, what is the amount of physical activity that you can do without developing chest discomfort? (IF YOU HAVE HAD CORONARY ARTERY BYPASS SURGERY WITHIN THE LAST 8 WEEKS, compare the amount of physical activity you could do without developing chest discomfort just before your surgery to what you could do a year ago.)

- PHYACT02 1. More  2. Less  3. The same  (Please check "3. The same" if you have never had chest discomfort.)

If the amount has changed, is the change

- CHANGE02 1. Small?  2. Moderate?  3. Considerable?

7. Have you developed in the past year, or do you continue to have:

CHECK EACH ONE.

		1. Yes	2. No	3. Uncertain
High blood pressure	HYPTEN02	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	DIABET02	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stroke	CERBRV02	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Poor circulation in your legs	PERART02	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other (please specify) _____	OTHILL02	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

DATE22

COUNT22

HOSPITALIZATIONS

1. Have you been hospitalized since \_\_\_\_\_?  
(If hospitalized more than once, fill out ADDITIONAL HOSPITALIZATIONS on the next page.)

HOSPTL22

1. Yes  2. No

If yes, name of hospital \_\_\_\_\_  
address \_\_\_\_\_  
reason for admission \_\_\_\_\_

Date <sup>DVHOSP22</sup> \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Mo. Day Year

           <sup>DAYS22</sup> days  
Number of days in hospital

2. Check any of the following which occurred in association with the above hospitalization:

- MIHOSP22 Heart attack  CPHOSP22 Chest pain (not a heart attack)  STROKE  STROKH22
- HFAILH22 Heart failure  Rhythm disturbance  Cardiac catheterization or RDISTH22 coronary arteriography  CATHHP22
- PTCA22 Balloon angioplasty (PTCA, balloon dilatation)

3. Did you have any surgery during the above hospitalization?

SURGRY22

1. Yes  2. No

If yes, indicate type (if known).

- CORART22 Coronary artery surgery  Valvular surgery  Myocardial surgery   
(aneurysmectomy)
- Pacemaker surgery  Pericardial surgery  Peripheral vascular surgery
- Heart transplant  Other  (please specify) \_\_\_\_\_  
OTHSRG22

AS STATED ABOVE, IF YOU WERE HOSPITALIZED MORE THAN ONCE, FILL OUT ADDITIONAL HOSPITALIZATIONS ON THE NEXT PAGE. PLEASE USE THE BACK OF THE NEXT PAGE TO DESCRIBE ANY FURTHER HOSPITALIZATIONS.

1. First Additional Hospitalization

a. Name of hospital \_\_\_\_\_ Date \_\_\_/\_\_\_/\_\_\_  
 Address \_\_\_\_\_ Mo. Day Year  
 Reason for admission \_\_\_\_\_ Number of days in hospital \_\_\_\_\_ days

b. Check any of the following which occurred in association with the above hospitalization:

- Heart attack  Chest pain (not a heart attack)  Stroke   
 Heart failure  Rhythm disturbance  Cardiac catheterization or coronary arteriography

c. Did you have any surgery during the above hospitalization?

1. Yes  2. No

If yes, indicate type (if known)

- Coronary artery surgery  Valvular surgery  Myocardial surgery   
 Pacemaker surgery  Pericardial surgery  Peripheral vascular surgery   
 Heart transplant  Other  (please specify) \_\_\_\_\_

2. Second Additional Hospitalization

a. Name of hospital \_\_\_\_\_ Date \_\_\_/\_\_\_/\_\_\_  
 Address \_\_\_\_\_ Mo. Day Year  
 Reason for admission \_\_\_\_\_ Number of days in Hospital \_\_\_\_\_ days

b. Check any of the following which occurred in association with the above hospitalization:

- Heart attack  Chest pain (not a heart attack)  Stroke   
 Heart failure  Rhythm disturbance  Cardiac catheterization or coronary arteriography

c. Did you have any surgery during the above hospitalization?

1. Yes  2. No

If yes, indicate type (if known)

- Coronary artery surgery  Valvular surgery  Myocardial surgery   
 Pacemaker surgery  Pericardial surgery  Peripheral vascular surgery   
 Heart transplant  Other  (please specify) \_\_\_\_\_

TREATMENTS

Please check any treatments you have taken in the past two months.

1. Medication

If you take no medications, check box  and skip to Diet section below.

If you do take medications, please list them here:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

		1 Yes	2 No	
Nitroglycerin	NITROG02	<input type="checkbox"/>	<input type="checkbox"/>	
Long-acting nitrates	NITRAT02	<input type="checkbox"/>	<input type="checkbox"/>	
Antiarrhythmics	ANTIAR02	<input type="checkbox"/>	<input type="checkbox"/>	specify _____
Beta-blocking agent	BETABL02	<input type="checkbox"/>	<input type="checkbox"/>	specify _____
Calcium-blocking agent	CALCBL02	<input type="checkbox"/>	<input type="checkbox"/>	specify _____
Antiplatelet agents	ANTIPL02	<input type="checkbox"/>	<input type="checkbox"/>	specify _____
aspirin <input type="checkbox"/>	ASPRIN02			
dipyridamole <input type="checkbox"/>	DIPYRD02			
other <input type="checkbox"/>	OTHERA02	<input type="checkbox"/>	<input type="checkbox"/>	specify _____
Anticoagulation	ACOAG02	<input type="checkbox"/>	<input type="checkbox"/>	specify _____
Digitalis	DIGITL02	<input type="checkbox"/>	<input type="checkbox"/>	specify _____
Diuretic	DIURET02	<input type="checkbox"/>	<input type="checkbox"/>	
Furosemide <input type="checkbox"/>	FURO02			
Ethacrynic acid <input type="checkbox"/>				
Thiazides <input type="checkbox"/>	THIAZ02			
Aldactone <input type="checkbox"/>	ALDAC02			
Other <input type="checkbox"/>	OTHERD02	<input type="checkbox"/>	<input type="checkbox"/>	specify _____
Antihypertensive agent (except diuretics)	ANTHYPO2	<input type="checkbox"/>	<input type="checkbox"/>	specify _____
Lipid-lowering agent	LIPID02	<input type="checkbox"/>	<input type="checkbox"/>	specify _____
Hypoglycemic agent	HYPOGLO2	<input type="checkbox"/>	<input type="checkbox"/>	specify _____
Insulin <input type="checkbox"/>	INSULN02			
Oral <input type="checkbox"/>	ORAL02			
Tranquillizers/Sedatives	TRANQU02	<input type="checkbox"/>	<input type="checkbox"/>	
CNS Stimulant	CNSSTM02	<input type="checkbox"/>	<input type="checkbox"/>	

2. Diet

Weight reduction diet	WIDIET02	<input type="checkbox"/>	<input type="checkbox"/>
Triglyceride control diet	TRDIET02	<input type="checkbox"/>	<input type="checkbox"/>
Diabetic diet	DBDIET02	<input type="checkbox"/>	<input type="checkbox"/>
Low cholesterol diet	CHDIET02	<input type="checkbox"/>	<input type="checkbox"/>
Salt restriction diet	STDIE02	<input type="checkbox"/>	<input type="checkbox"/>

3. Other

Pacemaker	PACEMK02	<input type="checkbox"/>	<input type="checkbox"/>
Oral contraceptives			<input type="checkbox"/>
Supervised exercise program	EXERCS02	<input type="checkbox"/>	<input type="checkbox"/>
Other	OTHERT02	<input type="checkbox"/>	<input type="checkbox"/>

specify \_\_\_\_\_

OCCUPATIONAL AND RECREATIONAL STATUS

1. Present employment (answer both a. and b.)

- a. 1. Full time  2. Part time
- 3. Retired  (Retired means discontinued working upon reaching retirement age, as opposed to quitting either because of a doctor's advice or incapacitation.)
- 4. Quit  (Quit means you were forced to quit working prior to retirement age because of your cardiac symptoms either by your choice or upon your physician's recommendation.)
- 5. Other  (please explain) \_\_\_\_\_

EMPLOY02

- b. 1. Laborer  2. Clerical  3. Professional
- 4. Homemaker  5. Other

OCCUP02

Please list your present occupation and job title or the one you had prior to quitting or retiring \_\_\_\_\_

2. Typical daily recreation or physical activity level during the last six months. (This means activities in addition to regular employment/homemaking as answered in previous question. If you quit your job or are retired, this question refers to all of your daily activities.)

- 1. Strenuous  2. Moderate  3. Mild  4. Sedentary  RECRTN02

Please give examples of present daily physical activity \_\_\_\_\_

SMOKING HISTORY

- 1. Did you smoke cigarettes during the past year? 1. Yes  2. No  CIGRTS02

If yes, average daily consumption during the past year CNSMPN02 cigarettes

- 2. Are you presently smoking a pipe? 1. Yes  2. No  PIPE02
- 3. Are you presently smoking cigars? 1. Yes  2. No  CIGARS02

OTHER

- 1. Your present weight \_\_\_\_\_ lbs. WEIGHT02.
- 2. Did you understand this questionnaire and think the information supplied is accurate?
  - RELIAB02
  - Yes, completely
  - Yes, but had difficulty with some sections
  - No, I am confused
- 3. Please describe briefly any additional information you think is important (you may use the back of this page for more space):

CP: 1.  2.  3.  4.  COM.B.. 1.  2.  3.  4.